

# Chalet

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## Sunsation Flame Sunflower

*Helianthus annuus 'Sunsation Flame'*

Plant Height: 3 feet

Flower Height: 4 feet

Spread: 3 feet

Spacing: 30 inches

Sunlight: ☉

Hardiness Zone: (annual)

### Description:

This spectacular compact variety has large double yellow blooms with orange-red rings and dark brown centers; low maintenance and mildew tolerant; excellent for sunny spaces at the back of borders, or containers

### Ornamental Features

Sunsation Flame Sunflower has masses of beautiful double yellow daisy flowers with brown eyes and an orange ring at the ends of the stems from mid summer to mid fall, which are most effective when planted in groupings. The flowers are excellent for cutting. Its serrated pointy leaves remain green in color throughout the season.

### Landscape Attributes

Sunsation Flame Sunflower is an herbaceous annual with an upright spreading habit of growth. Its medium texture blends into the garden, but can always be balanced by a couple of finer or coarser plants for an effective composition.

This is a relatively low maintenance plant. Trim off the flower heads after they fade and die to encourage more blooms late into the season. It is a good choice for attracting birds, bees and butterflies to your yard. It has no significant negative characteristics.

Sunsation Flame Sunflower is recommended for the following landscape applications;

- Accent
- Mass Planting
- General Garden Use
- Container Planting

### Planting & Growing

Sunsation Flame Sunflower will grow to be about 3 feet tall at maturity extending to 4 feet tall with the flowers, with a spread of 3 feet. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 30 inches apart. This fast-growing annual will normally live for one full growing season, needing replacement the following year.



*Sunsation Flame Sunflower flowers*  
Photo courtesy of NetPS Plant Finder

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This plant should only be grown in full sunlight. It does best in average to evenly moist conditions, but will not tolerate standing water. It is not particular as to soil type or pH. It is highly tolerant of urban pollution and will even thrive in inner city environments. This is a selection of a native North American species.

Sunsation Flame Sunflower is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. With its upright habit of growth, it is best suited for use as a 'thriller' in the 'spiller-thriller-filler' container combination; plant it near the center of the pot, surrounded by smaller plants and those that spill over the edges. It is even sizeable enough that it can be grown alone in a suitable container. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.